

Hidden Curriculum - Democracy Lab

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Instructor:	Prof. J.N. Victor	Time:	Thursdays at 7:30pm
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Series description: This series is exclusively for, and tailored to, Democracy Lab Students. This series of workshops, acknowledges many aspects of college success are assumed or unexplained. We address topics that will help students unlock the seemingly secret codes that help students maximize their college life years.

Requirements: Participation is only open to Democracy Lab students and is entirely optional. But if you show up, you come in good faith, with an open mind, ready question, and lowered defenses that ready you for adopting new perspectives and to tryout new practices. There is no homework. No grades. No tests.

Schedule: All sessions will be held in the 3rd Floor Common Room of Adams Hall at 7:30 pm on the following **Thursdays:** Sept. 8, Sept. 22, Oct. 6, Oct. 13, Oct. 27, Nov. 10, Dec. 1.

Date	Topic	Description
Sept. 8	"College Hacks"	<ul style="list-style-type: none">• Stop losing your sh*t (computing workflow and file organization)• So you think you know how to study?• Taking notes like a boss• Decoding professor titles• How a university works• How to get your needs met in the classroom• Procrastination: everybody's doing it

Sept. 22	"Money 101"	<p>Wondering why you need to talk about money when you don't have any? That's why.</p> <ul style="list-style-type: none"> • Setting financial goals in your teens and twenties • Saving • Roth IRAs • Borrowing • Building a credit record • Credit cards • Investment • How to not go broke
Oct. 6	"Building your network"	<p>Special guest, Pulitzer Prize-winning journalist, Schar School professor Steve Pearlstein. We'll discuss the following topics:</p> <ul style="list-style-type: none"> • Small talk • Networking • Making good impressions • Creating contacts • Maintaining professional relationships • Seeking letters of recommendation
Oct. 13	"Bias and exclusion"	<p>We'll discuss the following topics as related to university life, academia, research, and professional life, with special guest Dr. Bonnie Stabile, director of the "Gender and Policy" (GAP) program at Schar</p> <ul style="list-style-type: none"> • Implicit bias • Discrimination • Harassment • Gender identity • Racial-centering; patriarchy • Systemic exclusion
Oct. 27	"Stress Relief"	<ul style="list-style-type: none"> • Stress, anxiety, and mental health • Fitness, nutrition, and health
Nov. 10	"Style is everything"	<ul style="list-style-type: none"> • Zotero (game changer) • Markdown, Overleaf, and L^AT_EX
Dec. 1	"AMA"	Student generated topics